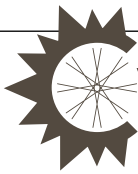


GulfCoast



cyclefest

2010

100

SARASOTA MANATEE
BICYCLE CLUB

15⁵
62 35

• **SUNDAY, NOVEMBER 7, 2010** •

Lakewood Ranch, Florida

\$35 Pre-registration (guaranteed performance shirt)

\$5 discount for each additional rider in the same household

\$5 discount for SMBC members

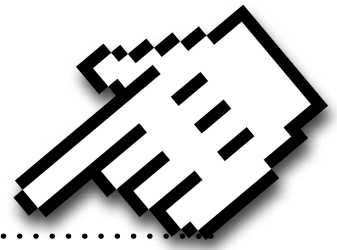
**no refunds-rain or shine, one discount per person.*

pre-register by **October 1, 2010**

*After this date registration is \$35 for everyone (shirts available first come/first served at check-in).

More info: <http://www.smbc.us/cyclefest.html>

Chris Prokosch: 941-773-9395 / christine.prokosch@yahoo.com



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COMPLETE ONE REGISTRATION PER PERSON

Please Print Clearly

NAME _____ Age: _____ Gender: **M** ◦ **F**

ADDRESS _____

PHONE _____ EMAIL _____

CITY _____ STATE _____ ZIP _____

EMERGENCY CONTACT _____ Is contact riding? **Yes / No**

EMERGENCY CONTACT PHONE _____ (cell preferred)

RIDE DISTANCE: **15** ◦ **35** ◦ **62** ◦ **100**

Circle your choice of PERFORMANCE shirt size: Men's: **S** ◦ **M** ◦ **L** ◦ **XL** ◦ **XXL**

Women's: **S** ◦ **M** ◦ **L** ◦ **XL**

Please make checks payable to: **SMBC**

Mail this form with payment to **Chris Prokosch, 14014 1st Avenue east, Bradenton, FL 34212**

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WAIVER AND RELEASE

By signing this Waiver and Release (hereinafter called "Waiver"), I release, hold harmless, and indemnify Sarasota-Manatee Bike Club, Inc. (SMBC) and Main Street at Lakewood Ranch, their officers, directors, members, employees, agents, sponsors, and ride leaders from any and all causes of action, claims, damages, personal injury, and the like, and forever waive the right to sue for any alleged negligence on the part of any of the above parties. By signing this Waiver, I assume the risk involved in the activity of bicycling; and recognize that bicycling is inherently a hazardous activity, and may involve, among other hazards, strenuous physical activity and interaction with motor vehicles on roadways. I understand that I must execute this Waiver as a condition of participating in SMBC bicycling events. Further, I agree to wear a helmet suitable for bicycling purposes during my participation in SMBC bicycling events. I acknowledge that SMBC reserves the right to deny participation in its bicycling events to any person(s) who do not wear such a helmet. Further, while SMBC does not undertake the obligation to inspect such helmets, SMBC reserves the right to reject from participating in bicycling events anyone whose helmet does not appear to be safe for bicycling purposes. In the event that I sign this Waiver for a minor child, in addition to the foregoing I also acknowledge that I am aware of and will abide by the helmet laws respecting cycling and children, and agree to take full responsibility for the child's actions, and indemnify SMBC respecting such participation. This Waiver shall be effective as to the minor child for which I, as the adult, complete this registration and accept this Waiver.

PARTICIPANT SIGNATURE (Parent/Guardian if under 18 yrs old)

_____ Date _____